



MATERNITY
TREATMENTS

MATERNITY TREATMENTS

Take time for yourself to experience our expertly designed treatments for expecting mothers
It is a perfect time to check out of reality
and into Headfort Spa Rooms.

MUM TO BE MASSAGE - Treatment Duration 60 mins

An indulgent full body massage using our safe but effective pre-natal techniques to relax those specific lower back muscles that are carrying that beautiful bump. A fantastic choice pre or post pregnancy to prevent stretch marks, reduce aches, pains and swelling, and return your body to a state of well-being.

BESPOKE PRE-NATAL FACIAL TREATMENT - Treatment Duration 60 mins

Enjoy a one hour tailor-made facial especially customised for you and your skin's needs. All our facial treatments can be adapted to suit you during this special time.

THE ULTIMATE MUM TO BE PACKAGE - Treatment Duration 60 mins

Enjoy a Bespoke Pre-Natal Facial treatment OR a relaxing Mum to Be Massage followed by Afternoon Tea.

PURE ESCAPE FOR MUM TO BE - Treatment Duration 90 mins

Soothing and comforting this package includes a 90 minute personalised and tailored treatment to suit your needs. Nourishing relaxing and hydrating, this treatment combines a facial with a body massage. You decide how much of each or leave it to the professional and you relax, unwind and enjoy. A complete package to target any tension as a direct result from your pregnancy. Take the time to treat yourself during this special time.

TOTAL INDULGENCE FOR MUM TO BE - Treatment Duration 90 mins

A wonderful experience combining our Pure Escape Treatment mentioned above, tailored to your needs, followed by Afternoon Tea.

Please note that all of our Environ & Repêchage Facials, manicures and pedicures are also suitable during pregnancy.